



PLENARY SESSION FIVE	
Event Code: LEE22-00523	
World Mental Health Congress London Mental Health a Global Priority, London, UK 28/06/2022-01/07/2022	
Your details (as you want them listed in the programme)	Vikram Patel
Date and time of your plenary session	Wednesday 29 June 2022 14:30-16:10hrs Overall Session Theme: Sharing global experience and expertise
Duration	20 mins
Proposed title (please complete)	Acting early: the key to preventing mental health problems across the life course
Learning Objectives (please complete)	<ol style="list-style-type: none"> 1. To understand the mechanisms through which early life experiences affect mental health across the life course 2. To describe which interventions promote nurturing environments leading to better mental health
Abstract (max 500 words)	<p>Most mental health problems have their onset before adulthood and adversities in childhood and adolescence, such as those associated with poverty, are the most consistently demonstrated risk factors across contexts.</p> <p>This lecture will consider the implications of this evidence for reducing the burden of mental health problems and the disparities in this burden globally.</p>
Key references or resources (maximum five)	Patel, V. (2018). Acting early: the key to preventing mental health problems. <i>Journal of the Royal Society of Medicine</i> , 111(5), 153-157.